

Last updated 19/02/2024



## Trip Information

### Everest Base Camp Supporters Trip – October 2024

*"It's our Everest year! It's a celebration of epic proportions and the first time we have hosted a team in India.*

*This trip will be like no other, it really is a once in a 20-year opportunity.*

*I'm excited about our up-and-coming team travel to both India and Nepal and to Everest Base camp (5,364m altitude).*

*Not only will you be captivated by the heights, sights and sounds – but you will also be giving back to the people of India and the Himalayan region, including our very own school for refugee children on the Bhutan border (The Kiwi Himalayan Education centre).*

*It's our 20<sup>th</sup> year and I've set a goal to raise a minimum of \$150,000 through this fundraising climb, both in the climb itself – and also fundraising at home in New Zealand or locations other than Everest.*

*I've put together the information below and some indicative costings. The costs are approximate, as until we know final team numbers and exchange rates there may be some variations. We hope to confirm team numbers as early as possible to get the best prices. I am expecting a good size team as we have had strong interest in the trip.*

*We will be trekking with an experienced guiding company that I first met in Nepal 17 years ago.*

*Please read the following document to learn more about the trip.*

*I hope you'll join me there!"*

– **Sue van Schreven**, Founder & CEO

## When and Where

Starts in Kolkata, India, arrival on Sunday October 13<sup>th</sup> 2024 – finishes Friday November 1<sup>st</sup> 2024, Kathmandu, depart Nepal. Four nights in India plus 15 nights in Nepal including 11 nights on the EBC (Everest Base Camp) trek. The trip itinerary is a separate document.

## Costs (Indicative per person)

- \$960 NZD** Includes all accommodation (at a share twin price) in India.  
 A high level of accommodation in India. This includes all airport transfers in India and in Kathmandu. Breakfast is included in India and Nepal, but not lunch or dinner. Drinking water is provided and also some sightseeing in Kolkata (*including Mother Teresa's house*). Transportation to some of our project areas in Kolkata and opportunities to see first-hand the care, education and help that our project partners provide on an almost daily basis. Our local team in Kolkata will be spending time with us during this section of the trip. There will be much to see and experience.
- \$1,000 NZD** Minimum fundraising/donation target per person.  
 This is a contribution to our projects in the slums of West Bengal including the North of India and Bhutan border. We are caring for approx. 2,007 very needy children across 19 locations.
- \$1595 USD** For the EBC Nepal segment. An additional **\$195 USD** for single (*not twin share*).

### The above cost includes:

#### General Inclusions

- Ramechap / Lukla / Ramechap Roundtrip airfare as applicable (*subject to change*)
- Domestic Airport taxes as applicable
- 3 nights at Hotel in Kathmandu on twin/double share basis
- 12 Days Everest Base Camp trek using Local Lodges on twin share basis (*except altitude days*)
- Daily breakfast at Hotels in Kathmandu
- All meals (*Breakfast + Lunch + Dinner*) during Everest Base Camp trekking at local lodges
- Necessary airport transfers in Kathmandu with assistance using an air-conditioned private vehicle
- Sightseeing tour in Kathmandu using an air-conditioned private vehicle
- An English-speaking guide for a sightseeing tour in Kathmandu (*Day 02*)
- Two Trekking guides (*English-speaking escort trekking guides*) from Kathmandu for 12 days



#### Everest Trek

- Necessary porter for Everest trek (*2 Clients = 1 Porter*) from Lukla
- Trekking crew allowances, Insurance, Food and accommodation
- Trekking Map
- Everest National Park fee as applicable
- Khumbu Pasang Lhamu Rural Municipality entrance permit
- Trekkers' Information Management System (*TIMS*) permit

## First Aid

- Vehicle-related costs as applicable for fuel, parking and toll taxes
- Government taxes as applicable

## Not included:

- The above cost excludes hot water (*boiled drinking water*) or hot showers during the trek, battery-charging charges during the trek, tipping to guide, porter (*recommended*), and any other arrangements due to flight delay / cancellation or bad weather.
- All International airfares. Some team members will be travelling from other countries, or visit other countries after Nepal. If you are travelling from New Zealand directly, we will do our best to let you know of good fares we become aware of.
- We will be travelling as a group from Kolkata to Kathmandu. We will provide a quote on this very soon for this internal trip.
- Visa costs for India – between \$80 USD plus credit card fees and Indian Govt GST. Apply in advance.
- Visa costs for Nepal – on arrival \$30 USD
- Personal travel insurance.
- Items of personal nature.
- Tips.
- Some lunches and dinners in Kolkata and some lunches and dinners in Nepal before and after the trek.
- Trekking gear is available (*included in trip fee*) on a returnable basis from the guiding company. More clarity will be given on specific gear requirements. You do not need to travel from NZ with sleeping bags, rain coats or other bulky gear unless you choose to.

## Itinerary

A detailed daily itinerary (*subject to change*) plus a recommended gear list will be available soon.

## Insurance

Travel insurance information and insurance suitable for EBC to follow.

## Registration and Payment

Registrations for the trip need to be made by Sunday April 14<sup>th</sup> 2024. A \$1,000 NZD deposit will be invoiced and due by Tuesday May 14<sup>th</sup> 2024. The registration form is provided separately.

Details around final payment and cancellations will also be available shortly.

## I can't wait to see you there!

*"It's time to train! For me it will be loads of walking and lots of cardio.*

*I look forward to hearing from you."*

- **Sue van Schreven**, Founder & CEO